

Pilgrim Holiness Church, Rt. 145, Middleburgh, New York

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*Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth?*

*It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.*

*To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.*

*Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"?*

*Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.*

Isaiah 40:21-31

A hearty welcome to all! May your spiritual strength be renewed, a positive outlook on life encouraged, and most of all, may God, who gives the peace that passes our understanding, grant each of us a double portion of inner calmness and assurance. Blessings, friends!!

## ANNOUNCEMENTS

- The second offering today is the annual Ministerial Benevolence fund offering
- **February 16 (Monday) - Winter Banquet at 6:00 PM.**  
Snow Date - Thursday, February 19
- February 18 - Conference-Wide Day of Prayer & Fasting
- February 20 - Zone Rally at Schenectady
- February 24-26 - New York State IH Convention in Schenectady
- February 25 - First Day of Lent
- March 4-6 - IH Outreach Convention at Camby, Indiana

*SERVICES — SUNDAY: Sunday School 10:00 AM, Morning Worship 11:00 AM, Cobleskill 4:00 PM, Evening 7:00 PM — WEDNESDAY: Midweek Service 7:00 PM — FRIDAY: Women's Meeting 10:00 AM*

## PRAYER REQUESTS

- Our sister church to pray for this week is **Pierrepont Manor**. Perry Case is the pastor.
- Recent requests for physical needs -
  - **Dean Hughes** (recovery from a fall), **Doris Cook** , **David Rison**, **Brian Edwards**, **Bernita Kille**, **Roger Ellers**, **Albert Barr**, **Marie Rooney**, **Nora Johnson**, **Lillian Heckman Jamison** , **Keith Posson**, **Mark Vosburgh**, **Rosemary Snyder**
- Recent requests from our Cobleskill church: **Laverne**, **Helen**, **Ralph**, **Kathleen**, **Genevieve**, and **Sharon**.
- Continue to pray for:
  - **Our young people:**
    - Lyndsay France
    - Seth and Isaac Owens
    - Keith Posson
  - The village of **Middleburgh**, that we will reach people with hungry hearts and have fruitful results in our ministry.
  - Our service personnel, especially **Wesley Lum**, **Jacob Eggleston** , **Donnie Gray**, **Anthony & Joyce Willey**, and **Charles Laraway**.
- Pray for our President, Congress, and Supreme Court, that they may make righteous choices.
- Please let us know of anyone who is ill, facing a time of hospitalization, or would like a home visit.

### *Suggested Daily Scripture Reading*

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>
OT	Exodus 28:1-43	Exodus 29:1-30:10	Exodus 30:11-31:18	Exodus 32:1-33:23
NT	Matthew 25:31-26:13	Matthew 26:14-46	Matthew 26:47-68	Matthew 26:69-27:14
PSA	Psalms 31:9-18	Psalms 31:19-24	Psalms 32:1-11	Psalms 33:1-11
PROV	Proverbs 8	Proverbs 9	Proverbs 10	Proverbs 11
	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
	Exodus 34:1-35:9	Exodus 35:10-36:38	Exodus 37:1-38:31	
	Matthew 27:15-31	Matthew 27:32-66	Matthew 28:1-20	
	Psalms 33:12-22	Psalms 34:1-10	Psalms 34:11-22	
	Proverbs 12	Proverbs 13	Proverbs 14	

## *Remedy for a flat spirit*

Almost everyone has an occasional down day. You know the dreaded “flat” or “blah” feeling. Sometimes you don't even feel like praying. Is there any hope for this condition?

In the 12th century, a Carthusian monk named Guigo felt drained and depressed. But as he rested, the following prayer came to his mind:

My soul is so dry that by itself it cannot pray;  
Yet You can squeeze from it the juice of a thousand prayers.  
My soul is so parched that by itself it cannot love;  
Yet You can draw from it boundless love for you and  
for my neighbor.  
My soul is so cold that by itself it has no joy;  
Yet You can light the fire of heavenly joy within me.  
My soul is so feeble that by itself it has no faith;  
Yet by Your power my faith grows to a great height.  
Thank You for prayer, for love, for joy, for faith;  
Let me always be prayerful, loving, joyful, faithful.

## *A Fable in February*

Feeling footloose and frisky, a featherbrained fellow forced his fond father to fork over the farthings and flew far to foreign fields and frittered his fortune, feasting fabulously with faithless friends.

Fleeced by his fellows in folly and facing famine he found himself a feed flinger in a filthy farm. Fairly famishing, he fain would have filled his frame with foraged food from fodder fragments. “Fooey, my father's flunkies fare far finer!” The frazzled fugitive frankly faced facts. He fled forthwith to his family. Falling at his father's feet, he forlornly fumbled. “Father, I've flunked and fruitlessly forfeited family favor.”

The farsighted father, forestalling further flinching, frantically flagged the flunkies to fetch a fatling from the flock and fix a feast.

The fugitive's faultfinding brother frowned on fickle forgiveness of the former felon.

But the faithful father figured, “Filial fidelity is fine, but the fugitive is found! What forbids fervent festivity? Let flags be unfurled! Let fanfares flair!”

-Tal D. Bonham